

MAYFLOWER

Massachusetts Society of PeriAnesthesia Nurses

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MASPAN Board of Directors

President

Anne Halliday, BSN, RN, CPAN
Spea1975@aol.com

President-Elect

Ann Marie McLaughlin, RN, MA, CPAN, CAPA
ammclaughlinrn@maspan.org

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Katrina Bickerstaff, BSN, RN, CPAN, CAPA
kbickerstaffrn@maspan.org

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kasaball@aol.com or KSaball@emersonhospi.org

Membership

Ellen Sullivan, BSN, RN, CPAN
eesullivan@partners.org

ASPAN Region 4 Director

Katrina Bickerstaff, BSN, RN, CPAN, CAPA
PO Box 1571
Sagamore Beach, MA 02562
kbickerstaffrn@maspan.org

Newsletter Editor

Desktop Publisher

Web Mistress

Kathleen Menard, BSN, RN, CPAN, CAPA, CN III
3 North Steele Street
Worcester, MA 01607
kjmenardrn@maspan.org
Phone: 508-754-5116 fax: 508-754-5198
Work: 508-334-2061

www.maspan.org

Mayflower

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Editor's Page

I'M BACKKKK!!!!!!

Kathleen J. Menard, BSN, RN, CPAN, CAPA

By the time any of you read this, I will be in my new position, or at least have the key to my new office, it will depend upon how fast I can crank this newsletter out after our recent power debacle totally messed with the schedule in my head and on my computer. But enough about me, back to me. .

I have had the great good fortune to have been offered and accepted the position of Nurse Clinician providing for the educational needs of the staff of the PeriAnesthesia Department on the University Campus at UMass Memorial Medical Center. I will be doing this on a part-time basis while I finish my last semester of school (the light is at the end of the tunnel) and assuming my responsibilities full-time in May. I have thoroughly enjoyed my two and a half years in Interventional Radiology, where I learned so much about what goes on inside the body, and had the opportunity to work with some wonderful new colleagues. But most of you know that my passion is perianesthesia; the mothership is calling me home. I am so excited and looking forward to this new challenge. You can continue to reach me through all the same avenues, except my work number (never the best way to get in touch as I floated around the department). I can now be reached at 508-334-2061.

We have some great photos from the Fall conference in this issue, as well as some photos from the ASPAN Component Development Leadership Institute from Salt Lake City. They are also posted on the website.

A final reminder, this is the final issue of the *Mayflower* that will be printed and mailed. If you have not provided your e-mail address, please do so ASAP to continue to receive this benefit. We can be proud of the fact that we were among the first in "Going Green" thanks to your participation.

Corrections

My apologies to the following members:

Hi Kathy,

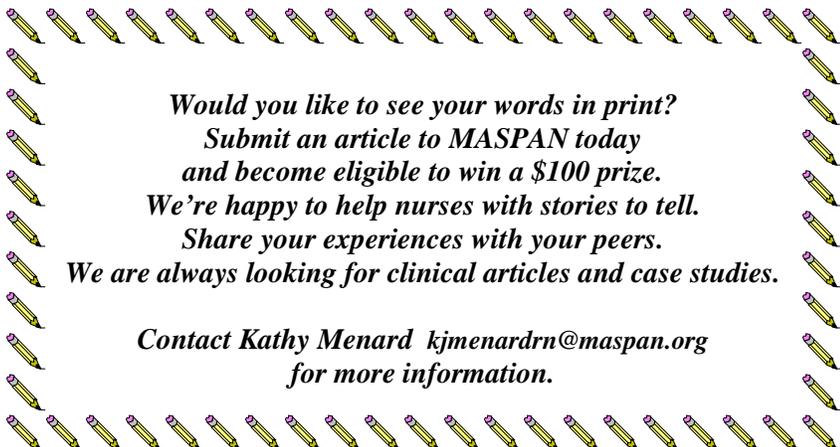
The correct spelling of my last name is Vernadakis. Hope this helps with future correspondence. Thanks,

Maureen Vernadakis RN BSN CAPA

Dear Kathleen,

I am a new member to MASPAN and noted that under my name credentials are incorrect. If you could change for me it should be Nanci Wenger RN, BA, CCRN.

Thank you, Nanci Wenger



***Would you like to see your words in print?
Submit an article to MASPAN today
and become eligible to win a \$100 prize.
We're happy to help nurses with stories to tell.
Share your experiences with your peers.
We are always looking for clinical articles and case studies.***

***Contact Kathy Menard kjmenardrn@maspan.org
for more information.***

**NEWSLETTER
DEADLINES**

Send any and all submissions via
e-mail attachment
to Kathy Menard prior to
January 15
May 15
August 15
November 15

We've Got Mail!

Style Request

Dear Kathy, Great job as usual. Also a request. The continued... on a different page are a little confusing to get to. Is there a way for the whole article to be complete in one section? Thanks for all the hard work you do, Maureen

Editor's Reply: *Great question Maureen, and yes, you should be noticing a difference starting with this issue. Since we had been a paper copy for so long, my template was set up to work in that format and I then converted it to electronic format. I realized with the last issue that I needed to adapt the process to make it more electronic reader friendly but didn't have the time to correct it. As this is the final paper issue, the format from now on will be electronic only. Thank you, Kathy*

Help with Printing Problems

Dear Kathy, I have a question about the newsletter. I want to print the article from Maureen's "Legally speaking" to bring to our discussion group but don't want to print the whole article. I'm sure others might like individual articles as well. I don't know how to do this. Can you help? Marilyn

Editor's Reply: *It is easy to print out individual articles: You can choose the page number(s) of the article you want to print on your print screen and print just those pages (go in under "File" and choose "Print" and select the pages you want, do not use "all") or you can highlight the page you want to print and copy and paste it to a word document (you will lose the formatting but will keep the word content). Good luck, Kathy*

Letters to the Editor
An Invitation
Please send any and all
communications via e-mail to
kjmenardrn@maspan.org

Winners of the Electronic Newsletter Contest

Hi, trying to win conference by being quick to respond after reading the electronic newsletter. I was really touched by the letter to her grandfather who died from MH.
Thanks, Ellen M. Stokinger RN, MSN

Congratulations, you are the M-Z winner! That was a great article wasn't it, we've received a lot of comments on it. Kathy

I saw your challenge and I am responding. Thanks!
Lois L. Johnson

Congratulations, you are the winner of the free conference, letters A-L! Kathy

Editor's Reply: *We had a lot of response to the contest. Look for future contests and be sure that you follow the directions for responding!*

Response to new Electronic Format

Wow! Thank you. . . . Skyler

Dear Kathleen, Thanks for the call back to my confusing message. I am a former ASPAN member who let my membership lapse and I very much enjoyed the newsletter from MASPAN. Now I am back and would like to receive it again. So here is my e-mail address so that I can keep up to date with what's going on and receive communications.
Thank you again. Sue

Editor's Reply: *I will do anything to get an e-mail address, thank you!*



The Ever Expanding Role of the PACU Nurse

Katrina Bickerstaff, BSN, RN, CPAN, CAPA



Role Expansion

Post anesthesia care units (PACU) around the country are experiencing rapidly changing environments. We are now routinely caring for non surgical patients receiving anesthetic agents. Some of the procedures performed often require some form of anesthesia, including cardiac catheterization, interventional radiological techniques, electro-convulsive therapy, endoscopy, cardioversions, radiation therapy and esophageal echocardiograms. This is a new population of patients now recovering in the PACU. What used to be simple diagnostic procedures are now more complex; patients are often treated at the time of the exam. The procedures today are more advanced, thus requiring lengthy anesthesia time and a longer period of recovery. Some regions across the country continue to be the postoperative recovery area for postpartum patients. We are busier than ever with non-surgical patients.

Preceptor Training

Preceptor training has been established in these specialized fields which are new to PACU. Some nurses spend time in the Cardiac Catheterization Lab (CCL) to learn about the more advanced procedures and “what to expect” from the cardiac catheterization patients, some spend time in Radiation Oncology units to see the need for the administration of anesthesia to provide radiation therapy. Nurses in some regions are now being crossed trained in Interventional Radiological procedures and endoscopy. How do we keep up?

Concerns about Off-site Care

The patients we now see in varying states of health require us as PACU nurses to be up to date on just about everything. Many hospitals across the country have instituted off-site areas to care for some of the patients. This may help ease the back

log of patients that come to our PACU, but how do we ensure the safety of these patients without specifically trained perianesthesia nurses?

ASPAN Scope of Practice Strategic Work Team

ASPAN President Lois Schick has focused a great deal of attention to these very factors influencing our profession. An ASPAN Scope of Practice Strategic Work Team (SWT) was created and met this past summer; Myrna Mamaril, past ASPAN President (99-00) and Wanda Rodriguez from New York (NYSPAN) are co coordinators. Barbara Godden, current Director of ASPAN Clinical Practice, and Becki Hoyle from Colorado, current President of Rocky Mountain PeriAnesthesia Nurses Association (RMPANA), and Ellen Sullivan from MASPAN, author of the Journal of PeriAnesthesia Nurses (JoPAN) “Clinical Clips” are the representatives for ASPAN. Region 4 is well represented on the strategic work team. Members of several professional organizations including the Association for Radiologic and Imaging Nursing (ARIN), American Society for Pain Management (ASPMN), Society of Gastroenterology Nurses and Associates (SGNA), Association of Women’s Health, Obstetric and Neonatal Nurses (AWHONN) attended, representing some of the non-surgical types of patients we are now seeing. The “brain storming” session was used to share information.

ASPAN alliance

What’s to come in the future? As procedures get more complex, perianesthesia nurses need to keep as up to date as possible. An ASPAN alliance with these specialty practice professional organizations will keep the doors open to new sources of information specific to their modalities. The use of our own ASPAN 2008-2010 Standards of Perianesthesia Nursing Practice will ensure the

welfare of any patient receiving anesthetic agents for these specialty procedures. I believe this relationship with other specialty organizations is only the beginning of what is to come in the future. The strategic work team will continue to meet annually to share information and ideas. Look for educa-

tional opportunities at the 2009 ASPAN National Conference focusing on procedure-based care: obstetrical, gastrointestinal, pain management, interventional radiology, cardiology, neurology and interventional procedures.

President's Message

A Weekend to Remember

Anne Halliday, BSN, RN, CPAN



In October of 2007, I initially began considering the New York Perianesthesia Nurses' Association (NYSPANNA) state conference in Buffalo, New York. When Katrina Bickerstaff asked me to attend as her Ambassador, I agreed that I would go. An added bonus was the opportunity to see my family in a nearby town and to attend some family events.

Falling for Perianesthesia Nursing

The NYSPANNA conference was entitled "Falling for Perianesthesia Nursing." I was excited to see nurses I've known through ASPAN from New York City, Syracuse, Rochester and Buffalo and to meet other nurses from those cities as well as Watertown, Jamestown and Saratoga Springs. It was a pleasure meeting Dr. Patrick Jones, who is the new President of ABPANC (the certification arm of ASPAN) and to hear him speak about what's new on the certification front. The most notable news is that the CPAN and CAPA exams will be available on-line starting in April 2009. The exam will be held over a six-week period from April 6—May 16, 2009. Registration starts on January 26th, go to www.cpancapa.org for details.

Nancy Strzyzewski, who is nationally known, was the featured speaker for Saturday. Her topics included "Dealing with Horizontal Violence," "The Basics of Capnography," "Exploring the Challenge of Adolescents," "Laparoscopic Surgery-Perianesthesia Concerns" and "Getting to Know You: Perianesthesia Assessment." Nancy has a comfortable speaking style and many stories to share while conveying a huge amount of material. I

especially enjoyed when she said she is occasionally "techno-Amish" (i.e. technologically challenged).

Sunday morning, two physicians spoke. The first topic was "What's New in Neuromuscular Blockade." It was fascinating to hear how a drug is tested before winning FDA approval. In one study about a reversal agent, subjects had the paralyzing agent Vecuronium running in one arm with the reversal agent running in the other arm WHILE the subjects were walking around!!! The second physician spoke about "Updates in Breast Cancer Treatment" where he highlighted the new five-day radiation treatment. The catheter that is used for this was passed around to attendees. Breast cancer gene testing was also discussed.

Combining Business with Pleasure

In addition to this wonderful conference, I attended some significant family events. Relatives from Seattle, Florida, Ohio, and Salt Lake City had also travelled to the area to celebrate a first birthday, baby shower, 50th birthday and 19th birthday. I don't remember having so much CAKE in any other weekend!! Some experiences are so wonderful that they are truly memorable.

Finally, if you are unable to attend a MASPAN conference because of a conflict, check the MASPAN web site for other conferences in Region IV. You will not be disappointed and might be able to make it a weekend away.

Anne

New England Baptist Hospital (NEBH): The Eradication Program of MRSA and MSSA

Melanie B. Hughes, RN, CPAN

Maureen Spencer, RN, ED, CIC came to NEBH in 2003 as the Infection Control Manager. She has put together a dynamic team to raise awareness on all Infection Control issues. She has addressed every area of the hospital, from the proper cleaning of patient rooms, to a program aimed at eradicating Staph aureus and MRSA in the pre-screening process before surgery.

Maureen works with a dedicated multidisciplinary team, including the administrative assistant, infectious disease consultants, infection control liaisons, surgeons and hospital employees. They have worked together to reduce the overall orthopedic infection rate from 0.7% to 0.4%. The nation average infection rate for orthopedic surgery is 1.5%. NEBH averages over 9,000 orthopedic surgeries a year, so this low infection rate is remarkable considering that volume of surgery.

The main objective of the team is to reach a zero percent surgical site infection rate and 100% compliance with hand hygiene before and after every patient contact. Hand hygiene observations are collected by the infection control liaisons on a monthly basis. In 2008, there were 130 Post Anesthesia Care Registered Nurses observed. The percentage of nurses who washed their hands or used an alcohol hand sanitizer before patient contact was 68% and 91% after contact. The overall compliance with hand hygiene practices by nurses during FY08 was 84% before patient contact and 86% after patient contact. That is an outstanding compliance, however, the goal remains for 100%.

The Staph aureus and MRSA Eradication Program was initiated in July 2006. It begins in the pre-admission screening unit. Every surgical inpatient has a nasal screen done for MRSA (Methicillin-Resistant Staphylococcus Aureus)

and MSSA (Methicillin-Sensitive Staphylococcus Aureus). If they are found to be colonized in their nose with either organism, they receive instructions to bathe for 5 days with a chlorhexidine antibacterial soap (e.g. Hibiclens) and apply a prescription ointment (e.g. Bactroban) twice a day to the nostrils for 5 days. The goal is to have the patient complete the topical decolonization protocol prior to surgery. If the patient is in the middle of treatment, they will continue until the five days are complete. A second nares screen is obtained on the MRSA positive patients to determine if contact precautions will be implemented during their stay. When a patient is identified with MRSA colonization or infection, they are placed on contact precautions during the entire surgical experience, including the pre-surgical holding area, operating room, PACU and nursing units.

If the patient was not able to complete the Bactroban or 24 hours have not passed from the last dose, they are also placed on contact precautions. We do not postpone surgery to allow for complete treatment. When the patient comes to the hospital, we evaluate and treat accordingly.

To assure adequate surgical antibiotic prophylaxis, all MRSA identified patients (from the first nares screen) will also receive Vancomycin as the antibiotic of choice, unless contraindicated. This requires a collaborative effort between the surgeon and pre-surgery unit staff to assure the Vancomycin is administered within an hour before surgery.

Another effective measure implemented by infection control is a weekly e-mail communication about the upcoming operating room schedule and patients with multiple drug resistant organisms (MDRO). The e-mail includes the patient, date, surgeon, type of surgery, OR room and type of

MDRO. This helps the OR scheduling staff and surgical services plan their schedule and implement effective infection prevention measures.

The patients who need to be on contact precautions are placed in a room in the pre-surgical area. Anyone entering the room or area that they are in will wear a gown and gloves. We place a precaution cart outside the room and a contact precaution sign is visible. The OR team will bring the patient to PACU wearing gloves and a gown. The PACU nurse will have a gown and gloves on. A precaution cart, contact precaution sign, linen and trash containers are available. When entering the patient area, gown and gloves are applied. Exiting the area, gown and gloves are removed and hand hygiene is completed. When the patient is

brought up to their room, the PACU bay is cleaned with bleach and Agion spray. The bleach eradicates MRSA, VRE and C DIFF. The Agion spray eradicates MRSA and VRE for 24 hours.

The number of patients in FY08 that had MRSA in PACU was approximately 50. We have one isolation room that can be used for negative pressure. The PACU can hold up to 14 patients.

The multidisciplinary approach, with strong administrative support, is key to the success of a highly effective infection prevention and control program.

*Melanie B. Hughes, RN, CPAN
Infection Control Liaison PACU*

Literature Review

The Last Lecture by Randy Pausch

When one of the network television news shows ran a story on Randy Pausch, I was impressed by his positive outlook in the face of pancreatic cancer. However, it wasn't until recently, shortly after his death, that I read his book "The Last Lecture."

This book was loaned to me by a friend. It is also being circulated among my colleagues at work and I think this is a good thing. The book's 206 pages are divided into 61 sections. It is the story of Randy Pausch's life as well as the legacy of wisdom he has left for his children and the reader.

Some chapter titles that describe the author's life message are: 'Really Achieving Your Childhood Dreams,' 'Enabling the Dreams of Others' and 'It's About How You Live.' What are your dreams for yourself and those you love? How can you achieve those dreams? This book gives the reader food for thought and an urge to consider what is really important in his/her life.

Among the stories about Professor Pausch's illness are poignant ones about the health care providers he encountered. He was especially impressed with the physician who had to tell him and his wife the hard truth about his terminal state. Have you been there when a patient receives a difficult diagnosis or finding? For me this is fortunately a rare occurrence but each time it takes me awhile to decompress afterward.

There are some funny sections in this book too. My favorite is "A Recovering Jerk." It's wonderful how Randy overcame his own arrogance as a young student and then passes this lesson forward to students of his own.

I recommend that you take a few hours from your busy life to read this book for the wisdom contained in its pages. Please feel free to e-mail your thoughts.

Anne Halliday



To Be or Not To Be- That is Never The Question

Meg Beturne, MSN, RN, CPAN, CAPA

Not Shakespeare

My article is not about a Shakespearean character, but rather a real, live perianesthesia nurse who has chosen to be a volunteer at our free-standing orthopedic surgery center. This in addition to her per-diem position in the pre-testing unit at the main campus of our medical center. To be a nurse was her calling, her chosen profession for over forty years! Her name is Sandy and she has been my colleague and close friend for most of our nursing careers. In order to understanding what prompted Sandy to approach me about this unique role, I need to share a little history with you.....

Sandy and Meg, Meg and Sandy

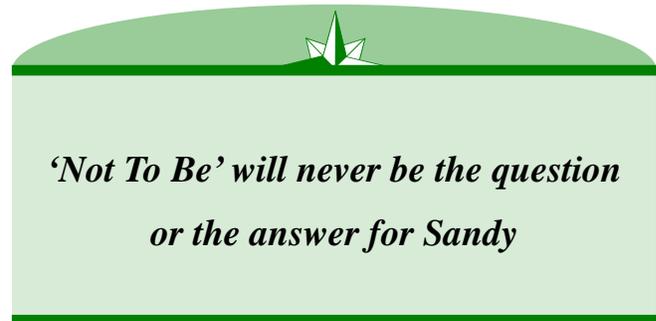
Many years ago, Sandy and I became acquainted while working together in ICU and then became team mates as per-diem nurses in any units that needed our help at Wesson Memorial- a small community hospital. We confidently floated from the pediatric floor to the Cardiac Care Unit; from the Medical/Surgical units to the PACU. We were inseparable and thought of collectively by all who interacted with us. We studied together for our dysrhythmia course. We quizzed each other on the ins and outs of ventilators, acid/base balance and tracheostomy care.

On difficult days, we boosted each other up and on the many wonderful days, we celebrated the wonders of nursing and medicine. Before long, we both realized that our niche was recovery room nursing and left together to begin our long-running careers at Baystate Medical Center. After working side by side for many years, Sandy transferred to the day-stay unit where she found the work rewarding. I remained in the inpatient PACU as it emerged from its modest beginnings to become a level 3 trauma unit.

Survivor

Awhile ago, Sandy's health factored into her decision to leave day-stay and become a per-diem

nurse in pre-testing. She is a leukemia survivor who underwent a successful bone marrow transplant which left her susceptible to many infections as well as lowering her blood count and energy level. Her optimistic spirit and kind ways kept her going when others might have stopped working and stopped caring.



About a year ago, Sandy decided to work per-diem at our surgery center and right from the very beginning she fit in well with the staff. She quickly became a well respected member of our multidisciplinary team. Ongoing physical problems however led to her decision to work strictly in pre-testing where the pace is slower and the necessary skills set is less overwhelming and demanding. She never did forget about the time she spent at our facility and often asked me how the staff members were doing and what new procedures we were doing. She once commented that Baystate Orthopedic Surgery Center (BOSC) was her best job she ever had. Sandy wished she had worked there when she had been at the top of her game- at her prime instead of at the end of it. But as you can see, there is a great ending to this story.....

Happy Compromise

Fast forward to the present and you will find Sandy back again at BOSC, among her friends and colleagues, contributing to the welfare of our patients and families in a different way. I did accept and welcome her as a volunteer. Her shift is four

hours/week and she usually arrives after her hours in pre-testing are completed. From the start, Sandy realized that an invisible line needed to be drawn between what she could do as a volunteer as opposed to her position as a registered nurse. This fact did not dissuade her in the least. She dons her jacket and places her volunteer badge in a visible location and hits the unit running. Everyone is comfortable releasing their patients to her care, whether to complete the discharge process or serve drinks. Cleaning stretchers, addressing envelopes and stocking sup-

plies all comprise her labor of love. Being in a setting that she enjoys, has been a win/win situation. We have plenty of tasks that she can perform and in so doing Sandy can feel that she is contributing to positive outcomes for all the patients we serve. 'To Be' working as a perianesthesia nurse validates her practice while being a volunteer reinforces her desire to make a difference. 'Not To Be' will never be the question or the answer for Sandy and that is just fine with the BOSC team!

Congratulations!

MASPAN Scholarship Winners (Certification Renewal)

***Barbara Dinan
Marie Gillan***

ASPAN Scholarship Winners

***Kathy Menard
Kathi Saball***

Winners of the MASPAN Electronic Newsletter Contest (Free MASPAN Conference)

***Lois L. Johnson
Ellen M. Stokinger***

Publications

***Kathy Menard on the publication
of her article on
"The Obesity Epidemic:
what does it mean to the
PeriAnesthesia Practitioner?"
in the
British Journal of
Anaesthetics & Recovery Nurses
(BJARN) December 2008***

FINAL NOTICE!! This is the final mailed issue!

Missing E-mail Addresses

Please contact MASPAN with your correct e-mail!

**Sandra Arnholter
Patricia Azzarone
Gayle Barker
Janet Beaudoin
A. Barbara Clancy
Zenaida Concepcion
Patricia Curtis
Catherine B. Daignault
Monica Daly
Patricia Faron
Kathleen Fay
Sally Anne Feldman
Marigrace Filtzer
Patti-Ann Gatti
Donna Tosca Hart
Marie Katz
Kathleen Kavanagh
Susan Keenan
Deidre Lamusta**

**Marie Larcom
Helen Larsen
Rebecca Lekowski
Ellen Loew
Sheila Logue
Patricia Maria Lucchesi
Mary Moorcroft
Barbara O'Leary
Mary O'Malley
Gail Perzentz
Nicky Powderly
Rebecca Powell
Lizabeth Rapoza
Christine Schiavo
Karen Stone
Terry Toughill-Roder
Shellie Varano
Barbara Zahm**

From ASPAN:

With the impending launch of our newly designed website, we need valid, current, primary e-mail addresses on each of our members. We are going to be making online activities require an e-mail address to proceed with the transactions, i.e. registrations, memberships, renewals, etc. A current e-mail address is becoming almost as important as a mailing address. We are going "Green" with more and more of our processes, so a good current e-mail address will be increasingly helpful to allow us to get information to our members quickly and securely. If you change your primary e-mail address, don't forget to notify ASPAN and MASPAN.

MASPAN

Finance

Kathi Saball, BS, RN, CPAN, CAPA

Director of Finance

The Fall Free Conference was a success with full attendance, a waiting list and very positive evaluations and comments

Many thanks to the vendors: Philips; Exergen; Formulaah

We continue to run our special membership promotion, nonmember attendees who join ASPAN the day of a conference/seminar had the MASPAN portion of their dues paid by the component.

Looking forward to a very successful Spring Conference with great speakers and vendors.

Governmental Affairs

Maureen McLaughlin, BSN, RN, CPAN

Immediate Past President

Governmental Affairs Chair

No report

Nominating Committee

Maureen McLaughlin, BSN, RN, CPAN

Immediate Past President

Nominating Chair

All positions currently occupied.

By-Laws

Ann Marie McLaughlin, RN, BA, MA, CPAN, CAPA

President-Elect

By-laws were reviewed for necessary changes.

Strategic Thinking

Meg Beturne, MSN, RN, CPAN, CAPA

Strategic Thinking Director

No report

Research Committee

Kathleen DeLeskey, MSN, RN, CPAN

Research Director

No Report

Publications

Kathleen J. Menard, BSN, RN, CPAN, CAPA, CN III

Director Publications

Visit the website for updated photos and information

Membership Memos

Ellen E. Sullivan, BSN, RN, CPAN

Director Membership and Scholarship

Current membership stands at 459

Scholarship forms are now available online at www.maspan.org

See our most recent scholarship winners on page 9

WELCOME TO OUR NEW MASPAN MEMBERS

<i>Rosemarie Antonino, RN</i>	<i>South Attleboro</i>
<i>Cathy Banks, BSN, RN, ADN</i>	<i>Harvard</i>
<i>Janet Beaudoin, RN</i>	<i>West Newbury</i>
<i>Rosamond Bull, RN, BA, ADN</i>	<i>Lowell</i>
<i>Ann Driscoll, BSN, CCRN, RN</i>	<i>South Boston</i>
<i>Marjorie Jordan, RN, CPAN</i>	<i>Quincy</i>
<i>Cecil King, MS, RN, CNOR</i>	<i>West Yarmouth</i>
<i>Patricia Labombard, RN</i>	<i>Burlington</i>
<i>Sheila Logue, RN</i>	<i>Manchester</i>
<i>Laura Macomber, BS, RN</i>	<i>Lakeville</i>
<i>Catherine Neumann, RN, CAPA</i>	<i>Easthampton</i>
<i>Lori Pearlo, BSN, RN</i>	<i>Nashua, NH</i>
<i>Gail Perzentz, RN</i>	<i>Acushnet</i>
<i>Mary Pierce, MSN, RN</i>	<i>Needham</i>
<i>Patricia Porter, RN</i>	<i>Dover</i>
<i>Debra Walton, BSN, RN, MBA</i>	<i>Needham</i>

MASPAN Recruiter Standings

Alicia Brown, BSN, RN	1
Ann M. Driscoll, BSN, CCRN, RN	1
Ann Marie McLaughlin, MA, RN, CPAN, CAPA	4
Carol Griffin, RN, CPAN	1
Christine Jane Murphy, RN	1
Elaine F. Murry, RN, CAPA	1
Ellen Sullivan, BSN, RN, CPAN	3
Janet A. Kimbrough, RN, CPAN	1
Julianne Souza, RN	1
Julie McCarthy, BSN, RN	1
Kathleen Menard, BSN, RN, CPAN, CAPA	1
Kathleen Saball, BS, RN, CPAN, CAPA	1
Kathryn B. McCarraher, RN	1
Katrina Bickerstaff, BSN, RN, CPAN, CAPA	1
Mary F O'Connell, BSN, RN	1
Mary Lubarsky, BSN, RN	2
Maureen F McLaughlin, BSN, RN, CPAN, CAPA	1
Maureen Schnur, MS, RN	5

Committee Reports

MASPER Fall Conference Report

Kathleen J. Menard, BSN, RN, CPAN, CAPA

Keynote Speaker

MASPER celebrated our 25th anniversary this past September with a free conference for members. Unfortunately space was limited; but based on recent turnout, we are looking at larger venues. As this was a very special event, President Anne Halliday arranged for a Keynote speaker and we were thoroughly entertained by John McPherson, a nationally and internationally known cartoonist and humorist and author of "Close to Home." John shared his process in developing his very funny cartoon and the reactions to it that he has had over the years. John signed copies of his books during the break. And the break was necessary. . John is a hard act to follow.

Breakout Sessions

But follow we did with a series of breakout sessions. Attendees had their choice of an adult track dealing with "The Obesity Epidemic" with Kathy Menard from Interventional Radiology at UMass Memorial Medical Center; and "Pseudocholinesterase Deficiency" by Kathi Saball, the Clinical Nurse Manager of the PACU at Emerson Hospital and the current Director of Finance for MASPER. Of special note, Kathi is a recent graduate of the ASPAN Speaker Development Workshop and made her national debut in Grapevine, Texas this past May to a sell-out crowd.

For those who preferred pediatrics, the wonderful nurses from Boston Children's Hospital, Maureen Schnur, the Nurse Manager of Perioperative Programs and Mary Ellen Pierce, a Staff Nurse III at the Pre-op Clinic, who has completed extensive research on pediatric obesity, presented on "Pediatric Obesity." Maureen also discussed "Pediatric Pain Assessment and Treatment."

After another break and some celebratory words from our Past Presidents, the winners of the fund-raising prizes were announced. Thanks to the generosity of members and vendors there was quite a nice array of prizes. Then we all had a chance to relax and enjoy the ministrations of Jeanette Cote and Terri Jamros as they demonstrated "Creating a Soothing Healing Environment in the Perioperative Area." Terri and Jeanette are Reiki Level 2 Staff Nurses in the Pre-Operative area at Brigham and Women's Hospital.

We also welcomed guests who stayed after the conference to attend the Board meeting. Their input was invaluable. Please remember, if you have any interest in serving MASPER in any capacity, you are welcome to attend the Board meetings, simply contact Anne Halliday at spea1975@aol.com to obtain details.

Upcoming Conference

And a final note, don't forget that the MASPER Spring Conference is coming up FAST! Be sure to get your registration in early! For those who have attended previous MASPER conferences in Worcester, please note: this conference is NOT on the Memorial campus as the previous ones have been. It is on the University campus down on Lake Quinsigamond and will be held in the spacious Medical School "old" lobby and one of the amphitheatres of the Med School. Should be plenty of room to spread out! Plan on parking fees for the Visitor Parking Garage or valet parking is available.



MASPAN FALL CONFERENCE PHOTOS



Winners

50/50 Mary Ellen Bartlett
 RediRef ~ Carol Griffin
 ASPAN cookbook ~ Caroline Carril
 ASPAN Standards ~ Elizabeth Allens
 Vera Bradley bag ~ Mary Ellen Larsen
 Wine Basket ~ Wendy Repucci
 Fall Decoration ~ Jeanette Cote
 Formulaah Basket ~ Marie Gillan

Winners of Thermometers

Sue Minott
 Kathi Saball
 Catherine Roissing
 Louise Bizarro
 Nancy Geljookian
 Patricia Newman
 Ann Materna
 Brenda Griffin
 Kathleen Nau
 Deborah Mills
 Denise Darby
 Eleanor Vaughey





Karen Annetti (center) greets attendees Donna LaFleur and Anna Trunfo



Kathy DeLeskey discusses her research poster with Marie Gillan



A full house enjoys the free MASPAN 25th Anniversary Conference



Left: MASPAN President Ann Halliday poses with Keynote Speaker, humorist John McPherson

Below: John autographs copies of his latest book for attendees.



Pat Nugent, Ann Baird, Marilyn Beaupre and Past-MASPAN and ASPAN President Meg Beturne enjoy the breakfast



MASPAN Past Presidents Kathy DeLeskey and Brenda Griffin share a moment





Above: Vendors extraordinaire from Formulaah

And Right: Marie Gillan winner of the Formulaah gift bag



Winner of the ASPAN Standards Elizabeth Allens



Jeanette Cote wins seasonal decoration



Jeanette Cote, Ellen Sullivan, Terri Jamros



Enjoying a coffee break and good conversation



← MASPAN President Ann Halliday welcomes the members



ASPAN 2008

Component Development Institute

Anne Halliday, BSN, RN, CPAN

Editor's Note: If this article looks familiar, you are correct, it did appear in the last issue. I had misplaced the photos that Anne had graciously provided me with and I wanted to run the article again with the photos to accompany the story. My apologies to Anne and my readers, enjoy the photos. KJM

Dreams Create Lasting Legacies

This year's Component Development Institute (CDI) was held September 5-7 in Salt Lake City, Utah. As MASPAN President, I knew I would be going but my husband needed to come too because his 60th birthday would be September 6th.

The CDI theme this year was "Dreams Create Lasting Legacies: A to Zs of Basics in Non-Profit Organizations" and the schedule was packed with useful information about communication, meeting planning and the new ANCC-COA requirements (necessary to ensure a conference will be approved for continuing education credit), fiscal responsibility and strategic planning, research, newsletters, succession planning and clinical practice and standards.

Wave of the Future

An exciting new web-based "GOTOMEETING" was utilized for ASPAN Director of Education Linda Ziolkowski's portion concerning the ANCC-COA Requirements. Kevin Dill, ASPAN's CEO, explained the process and logged himself and speaker Linda Wilson on to the program. Meanwhile, from Michigan, Linda Ziolkowski was logging in from her home. We could see her PowerPoint and hear her speak about the topic, even though she was many miles away. I had heard this program advertised but had never seen it live. It is certainly the wave of the future!

Presidential Update

I always enjoy hearing about the ASPAN President's activities and Lois Schick has been very busy since ASPAN National 2008 in Grapevine, Texas. She informed us that ASPAN now has 13,715 members and is "going green." She stated that we will notice a much smaller syllabus at ASPAN's 2009 National Conference in Washington, DC. Stay tuned for more information.

Certification Update ~ 50%+!

Phoebe Conklin, from ABPANC which is ASPAN's certification arm, stated that ASPAN has a total of 8400 members (greater than 50%!) who are certified. There are 5263 CPANs, 3137 CAPAs and 297 who are dual-certified. Interestingly, Phoebe said that "the public is more aware of nurse certification than of teacher or physician certification."

Networking and Birthday Dinners

In addition to all the material presented, I enjoyed networking with nurses from New Mexico, Minnesota, Nevada, Maine, New Hampshire, New York and Connecticut. Kathi Saball from MASPAN and Katrina Bickerstaff, ASPAN Region IV Director and also from MASPAN attended CDI.

While I was in meetings, my husband played golf at a beautiful course in the mountains. The fellow he golfed with suggested we have dinner in Park City, where the 2002 Winter Olympics and the annual Sundance Film Festival are held. We had a wonderful dinner celebrating his birthday. It was a great trip and I learned a lot to bring back to MASPAN.

Anne Halliday

PHOTOS FROM THE ASPAN COMPONENT DEVELOPMENT INSTITUTE SEPTEMBER 5-7, 2008



Beautiful Salt Lake City



MASPN delegates Ann Halliday, Kathi Saball, and ASPAN Region 4 Director Katrina Bickerstaff



ASPAN President-elect Terry Clifford with Carol Silsby from MeSPAN and Mary Sutton from VT/ NH and MASPN



Out to dinner



Region 4 delegates



Great Salt Lake

**MASPAN is Going Green,
Saving Trees!!!!
Goal: Go Totally Electronic!!!!**

If you have not provided your e-mail address to ASPAN or had a recent change of e-mail address, please e-mail Kathy Menard with your current or preferred e-mail address ASAP

If you are still receiving a paper copy and not an electronic copy of the *Mayflower* it means that we do not have a current or correct e-mail address for you.

THIS IS THE FINAL ISSUE THAT WILL BE PRINTED AND MAILED!!!!

Please contact Kathy Menard at kjmenardrn@maspan.org or kjmenardrn@hotmail.com

Check It Out!

Visit Your MASPAN Website

@ maspan.org

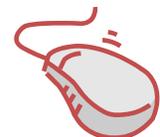
Conference Offerings

Meeting Schedules

BOD Contact Information

Scholarship Forms

Photos



**Save the Date!
Board of Directors
Meetings**



Saturday January 24, 2009
Anne Halliday's home
Marlborough, MA

Saturday March 28, 2009
After Spring Conference

U Mass Medical School
at UMass Memorial Medical Center
University Campus

*Contact Anne Halliday if you have any
interest in attending a BOD meeting*
Spea1975@aol.com



Need Nurses?

*Have positions to fill?
Consider an ad in the "Mayflower"
Reach those nurses with
PeriAnesthesia experience.
Help MASPAN and yourself,
talk to your Nurse Recruiter today!
Contact Kathy Menard
kjmenardrn@maspan.org
or Kathi Saball
for more information
or a MASPAN marketing brochure.*

Upcoming Conferences

CSPAN March 21, 2009 Annual Spring Conference
Hospital of St. Raphael New Haven, CT www.ctspan.org

FLASPAN Watch for Spring Conference information www.flaspan.org

MeSPAN Watch for Spring Conference information www.mespan.org

NJBSPANA Watch for Spring Conference information

NYSPANA February 7, 2009 District 1 Long Island Winter Conference
Stony Brook ccapps@notes.cc.sunysb.edu www.nyspana.net
February 7, 2009 District 9 Binghamton ASPAN Seminar "Safety Begins with Us" Binghamton Regency Hotel jseliga@lourdes.com
March 7, 2009 District 10 ASPAN Seminar "Legally Speaking"
barbochampaugh@stpetershealthcare.org
March 21, 2009 District 8 ASPAN Seminar "Complexities across the Continuum" Mt. Kisco, NY Fcaro87624@aol.com

PAPAN Watch for Spring Conference information
Info@papanonline.org

VT/NH APAN March 14, 2009 VT/NH APAN Spring Conference:
Advancing Your Practice in Perianesthesia Nursing. Concord Hospital,
Concord, NH. www.vtnhapan.org



**Save the date!
April 19-23, 2009**

Dreams Create Lasting Legacies

ASPAN's 28th National Conference
Gaylord National Resort & Convention Center
Washington, DC area

Mission Statement

*The Massachusetts Society of Perianesthesia Nurses,
as a component society of the
American Society of PeriAnesthesia Nurses,
advances nursing practice through
education, research, and promotion of ASPAN Standards*

Vision Statement

*As the Massachusetts Society of PeriAnesthesia Nurses,
our vision is to be the pre-eminent component organization
for quality in the perianesthesia specialty,
providing exceptional professional development.*



MASPAN Spring Conference



Saturday March 28, 2009

**UMass Medical School @ UMass Memorial Medical Center
University Campus ~55 Lake Avenue North ~ Worcester**

*Conference will be held in Medical School Amphitheater One
Parking fees will apply*



Win FREE attendance at a MASPAN Conference!

As a **Going Green** "Thank You"



***The first person to find the little mayflower inside this issue and e-mail me
with its location within the newsletter (page #) at kjmenardrn@maspan.org
will win a free conference (Note: it must be to the maspan.org address!)***

***The newsletter goes out alphabetically over two days,
there will be TWO winners (A-L & M-Z)***

***Winners will be determined by the letter of the alphabet (as alphabetized by ASPAN lists)
and the time that the e-mail is received***

This is an electronic offer ONLY

Only members who have supplied their e-mail are eligible